

## South West Midlands & Wolverhampton Network

### DONATIONS

Thank you so much to the Lodge of Hope and Charity (below) in Kidderminster for their very kind donation of £500 to Crohn's & Colitis UK.



We would also like to say a huge thank you to Pam Eccleston and family who made a very generous donation to the South West Midlands & Wolverhampton Network in loving memory of Fred. Fred was a long standing very involved member of the group and is very dearly missed. A huge well done to Juliet who ran 60 miles in September for Crohn's & Colitis UK!

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### BAGGERIDGE COUNTRY PARK SEDGLEY

Lovely to see you at our Crohn's & Colitis UK summer picnic.

Weather was great in the end and an enjoyable afternoon had by all! The park is a great venue for a get together and hopefully we will arrange it again for next summer, so will hope to see you there.

### BEN NEVIS

"This team has raised over £5500 for two amazing charities and I'm so proud to be a part of it." James Blakemore.

In September James joined a team of people to climb Ben Nevis to raise money for two charities: Crohn's & Colitis UK and Mind Charity. Well done James!



## DATES FOR YOUR DIARY

### SOCIAL MEET UP

14<sup>th</sup> October, 11am - 12.30pm

Ruskin Glass Center Coffee Shop  
Wollaston Road, Stourbridge, DY8 4HF

### SOCIAL MEET UP

11<sup>th</sup> November, 11am - 1pm

Ruskin Glass Center Coffee Shop  
Wollaston Road, Stourbridge, DY8 4HF

### FESTIVE SOCIAL MEET UP

9<sup>th</sup> December, 12pm - 2pm

Summerhill Harvester  
Swindon Road, Kingswinford, DY6 9XA

## VOLUNTEER WITH US!

We are always keen for new people to join our team.

If you are interested in raising awareness and putting on events in the South West Midlands & Wolverhampton area, please enquire via the website: [www.crohnsandcolitis.org.uk/volunteer](http://www.crohnsandcolitis.org.uk/volunteer) or contact us for more information.

*If you have received this newsletter by post and would be happy to receive future editions by email please provide your name, membership number and email address to [networks@crohnsandcolitis.org.uk](mailto:networks@crohnsandcolitis.org.uk).*

*This will save the network valuable funds which can be used to benefit all those affected by Crohn's and Colitis.*

## CONTACT US

**CROHN'S &  
COLITIS UK**

**SOUTH WEST MIDLANDS &  
WOLVERHAMPTON NETWORK**

Email: [networks@networks.crohnsandcolitis.org.uk](mailto:networks@networks.crohnsandcolitis.org.uk)  
Website: [www.crohnsandcolitis.org.uk/swmw](http://www.crohnsandcolitis.org.uk/swmw)



crohnscolitissouthwestmidlands



CrohnsColitisMW

### GENERAL ENQUIRIES

**Crohn's & Colitis UK**

1 Bishops Square, Hatfield Business Park, AL10 9NE  
[www.crohnsandcolitis.org.uk/contact](http://www.crohnsandcolitis.org.uk/contact)

**Volunteer Enquires: 01727 734 475**

Charity registered in England Number 1117148 Charity registered in Scotland Number SC038632  
A company limited by guarantee in England: company number 5973370

### HELPLINE

Our helpline is a confidential service providing information and support for anyone affected by Crohn's or Colitis.

Our team can:

- help you understand more about Crohn's or Colitis, diagnosis and treatment options
- provide information to help you to live well with your condition
- help you understand and access disability benefits
- Help to find support from others living with the condition.

We also signpost people to sources of expert advice on disability benefits and options for specialist emotional support.

### CONTACT US BY:

**Telephone: 0300 222 5700\***

Monday to Friday - 9am to 5pm

**Email: [helpline@crohnsandcolitis.org.uk](mailto:helpline@crohnsandcolitis.org.uk)**

**Live Chat: [www.crohnsandcolitis.org.uk/livechat](http://www.crohnsandcolitis.org.uk/livechat)**

*\*Calls to this number are charged at a standard landline rate or may be free if you have an inclusive minutes' package. Calls may be recorded for monitoring and evaluation*

*The South West Midlands & Wolverhampton Network has made every reasonable effort to ensure the content of this newsletter is accurate, but accepts no responsibility for any errors or omission. The views of the contributors do not necessarily reflect the views or policies of Crohn's & Colitis UK and no reference in this newsletter to any product or service is intended as a recommendation.*