

Q & A with Anna Hood

Questions	Answers
What is the outcome you are looking for? Strategies for coping, strategies and actions for co-design and coproduction for those strategies? Methods of mitigating psychological effects of IBD?	We are interested in using co-production to understand the best way to develop interventions that target improving mental health symptoms through coping strategies - we hope that co-production will guide us on feasibility and acceptability.
Are the results of the research collected so far available to everyone to view?	Our first paper is published here and is free to view https://mental.jmir.org/2021/10/e29963/ - we will also be sharing result soon our webpages (which are being developed)
I feel that relying on smartphones for collecting data will exclude lots of people from wanting to participate in the research. It will not give a fair representation of views/responses.	Thank you for sharing this - this has been a concern throughout, and we are working on ways to also incorporate the data of those who might be digitally excluded