

WHAT ARE CROHN'S AND COLITIS?

Crohn's and Colitis – the two forms of Inflammatory Bowel Disease – are lifelong diseases of the gut. They are painful, debilitating and widely misunderstood.

And there is no known cure.

When you have Crohn's or Colitis, your immune system doesn't work properly. Your body starts attacking itself, causing ulcers and inflammation in the gut leading to pain and urgent diarrhoea.

Imagine having a wound that never heals – only it's on the inside.

Crohn's and Colitis don't just affect your gut. They can affect almost every part of your body and every aspect of your life: from your digestion and joints to your energy levels and mental health.

People living with the conditions often face a lifetime of medication and, in many cases, major surgery. If left untreated, they can be fatal.